

The fortnightly combined newsletter of Heywood Consolidated School and Heywood & District Secondary College
Edition 6, May 3rd, 2019

From the Principals



Welcome back to term two. We have had a staggered start to the term with public holidays and curriculum days.

In our last Berry Street PD, we learned about the five rules of problem solving. This is one of the greatest ways to improve

and teach resilience to both students and adult.

The five rules are:

1. Face to Face – make sure that you are together, face to face, to acknowledge and read facial expressions when talking through the problem.
2. Use the social skills of active listening, mutual respect, no put downs (self or others) be your best self and get help (when needed).
3. Team work - work together to tackle the problem. You are not alone.
4. Share your thinking – do not close down or go silent.
5. Be accountable. If you are going to say you will do something, follow through with your actions.

The rules read easily but effective results take time. The first time you sit with your child to work through a problem, it may not be so successful. Never give up - there is no child manual that was given to you when you brought them home for the first time. Nurture, support and guide your child to be their best self.

Talk with them about what qualities you see in them and talk about what they do to make you proud and/or happy. Some children never quite know what makes their parents proud. Every day is an opportunity to learn, but only if we look for it. Turning mistakes or problems around for the benefit of others is a positive way to influence not only your family, but ultimately our community.

Jodi May

Welcome back to term two, as I sit down to write my first edition for the term and look at our school calendar, it looks to be a very busy one for all year levels with many excursions and seminars to build each students knowledge, resilience and leadership skills. This term students in Years 7 and 9 will complete their NAPLAN testing; our Year 10 students will complete a week of work experience and later in the term, students in Years 10 and 11 will sit their mid-year exams. Students studying a Year 12 subject will sit the GAT on Wednesday 12th June. More information about the GAT will be given to students closer to the date.



Curriculum Day

Next Tuesday (7th May), we will be having a curriculum day. During the day all staff will be involved in evaluating the data we have gathered since our last Strategic Plan. Staff will also be involved in planning and time will be spent on how we can continually improve education at HDSC.

Open day

We look forward to welcoming visitors to the College at all times of the year. We have an annual Information Evening where we welcome all members of the school community to chat with students and staff about our current programs.

This year the Information Evening is on Wednesday 8th May starting at 6.15pm with tea/coffee available. During this time we will hold a Q & A session for families.

School tours with the Principal or Assistant Principal will run on Wednesday 15th May at 2.30pm and Friday 17th May at 10am or by appointment.

Please book in for one of these tours on the night or by calling the school on 5527 1303.

Kelly Webster



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Assistant Principal's Report

NAPLAN online:

We are fast approaching that time of the year where our Year 7 & 9 students will be undertaking Naplan testing. In the lead up to this, HDSC students participated in a practice online test session during Term 1, to familiarise themselves with the platform, types of questions and requirements. If you would like further information or have any questions please contact the school on 5527 1303. Please see below the test schedule.



NAPLAN test schedule:

Tuesday, 14 th May:	Yr. 7 & 9 Writing
Thursday, 16 th May:	Yr. 7 & 9 Reading
Monday, 20 th May:	Yr. 7 & 9 Language Conventions
Wednesday, 22 nd May:	Yr. 7 & 9 Numeracy

Demonstration tests: The following link: <https://www.nap.edu.au/online-assessment/public-demonstration-site> takes you to the main public website where you are able to access and select demonstration tests. I encourage all families to access this site in the lead up to Naplan.

Attendance:

Being physically present in school is one of the most basic conditions for a student's success – So on this note I would like to congratulate students and families on ***achieving our goal of 90% average attendance*** for Term 1. This also transfers across to a very close race between House Groups, for the best overall attendance. Dooliba is currently sitting on 89%, Tallawalla on 90% and Gumerooka on 91%. The challenge now for all students is to maintain or further improve attendance. Especially at Year 9 as we can only improve if everyone comes to school, every day, ready to learn. Just remember that every day you're at school, is an opportunity to learn and a step towards achieving your goals.

School Wide Positive Behaviours:

Promoting wellbeing at school can substantially improve social and emotional outcomes of young people. At HDSC we have implemented, in Term 2, a weekly focus linked to our white card awards. The white card awards will be given out to students who consistently meet school expectations, display positive behaviours linked to our school values or go above and beyond what is expected. If you would like further information regarding the SWPB please contact the school.

Brenton Schintler

ANZAC Day 2019

The ceremonies held, while solemn, showed courage and mate-ship for many of the students at Heywood and District Secondary College as they stood in front of crowds and supported one another. With the ANZAC Day assembly held on Wednesday the 24th, we saw it not only run by the captains, Alexandra Mitchell and Djakira Hope, but also with presentations from our Year 9 classes studying World War 1. The Heywood service saw many of our student leaders taking part in the march, along with many others from the school in attendance. While our captains spoke honestly and guided the crowd to reflect upon what they were thankful for, our choir filled the air with song. All those who attended and took part should be proud.



Rayhna Puche, SRC Leader

Child Safety

Heywood and District Secondary College and Heywood Consolidated School consider the safety of children as being of paramount importance. Both schools have zero tolerance of child abuse.

Attendance is the Key

Take a moment to stop and listen to your children talk about what they would like to be when they grow up. Achieving their dreams requires a great deal of stamina – sticking with their learning even when it seems impossible.

However one of the greatest methods for children to do better in school is to actually be at school. In primary school, the learning creates the foundations for the future studies. They need this basic knowledge to build their futures.

For first term, eight students achieved 100% class attendance. Congratulations to Kelsie, Kayden, Katherine, Mackaela, Taij, Ruby, Ethan and Will. This is a considerable effort and deserves special mention.

At Heycon, learning starts at 9am. When children attend school on time, every day, they learn the importance of commitment, participation and resilience. We start with Circle Time which allows teachers to explain what will be happening throughout the day, notify any changes to the classroom routine and check in with the students to see how they are feeling. In this way the learning can be targeted and their social-emotional barometer is maintained.

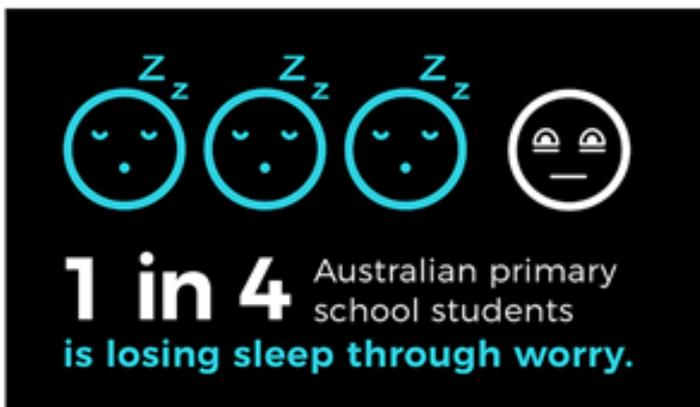
Please try to have your child at school every day. Wherever possible take family breaks, shopping days or other appointments outside of school hours. Of course, we understand illness may affect attendance and in this circumstance please let your child recover before returning to class. Maintain home routines so that they are well prepared for their learning each day - this means a healthy diet and sufficient sleep without too many extra curricular activities.

100% attendance is achievable. We look forward to seeing more students achieve this goal.

Liz Paulet, Administration Manager

DEVICES & SLEEP The Statistics

Taken from "Schools Working with The Resilience Project in 2019"



10 Characteristics of a Good Student

Continued from Edition 5

2 BRAVE. Brave kids are going to be the ones who take risks and amass experiences. They can use those experiences powerfully in their learning and growing. They quickly establish what they love and loathe and then they are more likely to create a life they love. They are also going to be the students who take learning risks that lead to lateral, out of the box thinking. The world needs that kind of thinker. Bravery is about taking on daunting challenges; feeling the fear and doing it anyway. Bravery is not the absence of fear. Sometimes when we talk to our kids we say, "Don't be afraid" or "Don't be silly, it's going to be fine". This implies that fear is something to be ashamed of. It isn't. Fear is human and to be expected, but it also needs to be overcome. That won't just happen by magic. It comes with modelling, teaching and explaining.

#3 ORGANISED. A high school student can study as many as nine different subjects with nine different teachers and nine different sets of expectations. It is impossible to thrive under those circumstances unless a child is highly organised. Fortunately, organisation is something we can teach. We can also employ aids like diaries, planners and study schedules.

Headspace—HDSC

Headspace are still working within our school. If you believe your child needs some support with any issues, for example self-esteem, bullying, anxiety, and depression or just wanting someone to chat then this service is available on Mondays. Our school has 4 sessions each week and students can be referred to the service. The service is confidential. We also have access to eheadspace where counselling sessions can be delivered over the phone to students. Please contact Fiona Isles at school and she will be able to make the referral for these programs.

Fiona Isles, Wellbeing, Integration & Transition Coordinator, HDSC

Heycon Cross Country



On Friday 26th April Heycon held our annual school

cross country event. It was fantastic to see so many enthusiastic faces. All pupils from Foundation to Grade 6 took part in the event. Our Foundations took on the challenge of running what was possibly the furthest they ever have while our senior students who showed great leadership and support by helping with the set up and guiding our youngest pupils round the course. It was amazing to see so many smiling faces. I even overheard one Foundation student ask if she could go round again as she crossed the finish line! A huge thank you goes to all those who volunteered their time to help run the event, and also to everyone who came to watch and support.

Rebecca Siddall, PE Teacher

School Notices

National Youth Science Forum

Year 11 apply online by 31/5

<https://www.nysf.edu.au/what-we-do/how-to-apply/>

Heycon Book Fair

14 - 16 May

As per note sent home this week.

Tue and Wed open for viewing and purchasing from 8.15 - 8.45am and at 3-4pm.

On Thursday the fair will only be open in the morning.

Earn & Learn

Heycon & HDSC will participate in the Woolworths Earn & Learn program. If you collect stickers while shopping, please drop them into the school.

More information to come.

Community Notices

LIVE PERFORMANCE

TUES 7th JUNE 6.30PM &
WED 8th JUNE 10.30AM & 1PM

"Children are Stinky' holds the whole tent spellbound, with a mixture of lively humour and truly amazing acrobatics." Ed Fringe Review

All Tickets \$15 - Book Now!

www.portlandartscentre.com.au

SOCCER

Portland Panthers are calling all 8-11 year old boys and girls wanting to try outdoor soccer. The Portland Soccer Club will be running their kids winter soccer competition at the Portland soccer grounds in Glenelg St. Commencing on Sunday 12th May at 8:30. For more information contact Jason Sweetman on 0439209120.

National Science Forum 2020

If you are a current Year 11 student who loves science, or technology, and has a drive to find solutions to problems and you see yourself working in a science-related field or would like to know more about science related study and career paths, you should apply for the NYSF Year 12 program.

This is a 12 day residential program held in Canberra and designed to give students a broader understanding of the diverse options available in science, technology, engineering and mathematics (STEM) and to encourage continued study in these fields.

Apply online by 31st of May: <https://www.nysf.edu.au/what-we-do/how-to-apply/>

Rotary Portland Bay can help you get there by assisting with funding and fundraising. Contact them for endorsement in your application by emailing rotaryclub.portlandbay@gmail.com

Push & Pull for Learning

During last term and into this term 2/3K has joined 2/3B to learn about simple machines in Science. We started off looking at Rube Goldberg machines, these are overly elaborate machines which are designed to do very simple jobs.

The students have been learning about push and pull forces and have started looking at simple machines like levers and pulleys. Students have been focusing on the science skills of predicting, observing and making detailed labelled diagrams.

We still have a little way to go in the unit, but everyone is looking forward to having the opportunity to design and make their own Rube Goldberg machine, making use of all the mini machines we have been learning about.



Gary Kennedy



COMBINED CALENDAR OF SCHOOL EVENTS May – Jun 2019

HDSC events

Heycon events

Combined events



Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	6 MAY Yr 6-7 transition 2-3pm	7 MAY HDSC Curriculum Day No Students required	8 MAY Yr 8-9 Ballarat Excursion Transition Night 6.30pm	9 MAY Heywood Education News	10 MAY
4	13 MAY	14 MAY	15 MAY District Cross Country	16 MAY	17 MAY
5	20 MAY	21 MAY	22 MAY Netball Clinic	23 MAY Heywood Education News	24 MAY
NAPLAN -Years 3, 5, 7 and 9					
6	27 MAY Yr 10 Work Experience commences	28 MAY	29 MAY District Winter Sports	30 MAY Loose Change Challenge afternoon	31 MAY Responsible Pet Ownership F/1 classes
NAPLAN -Years 3, 5, 7 and 9					
7	3 JUN	4 JUN	5 JUN	6 JUN Heywood Education News	7 JUN
8	10 JUN Queen's Birthday Public Holiday	11 JUN	12 JUN	13 JUN	14 JUN
9	17 JUN	18 JUN	19 JUN	20 JUN Heywood Education News	
10	24 JUN	25 JUN	26 JUN	27 JUN	28 JUN LAST DAY OF TERM Heycon 2:20PM finish HDSC 2:30PM finish